

MARINE CREATURES

Blue-ringed octopus & bluebottles

OBJECTIVE

Learn how to stay safe from stings and bites by spotting beach myths.

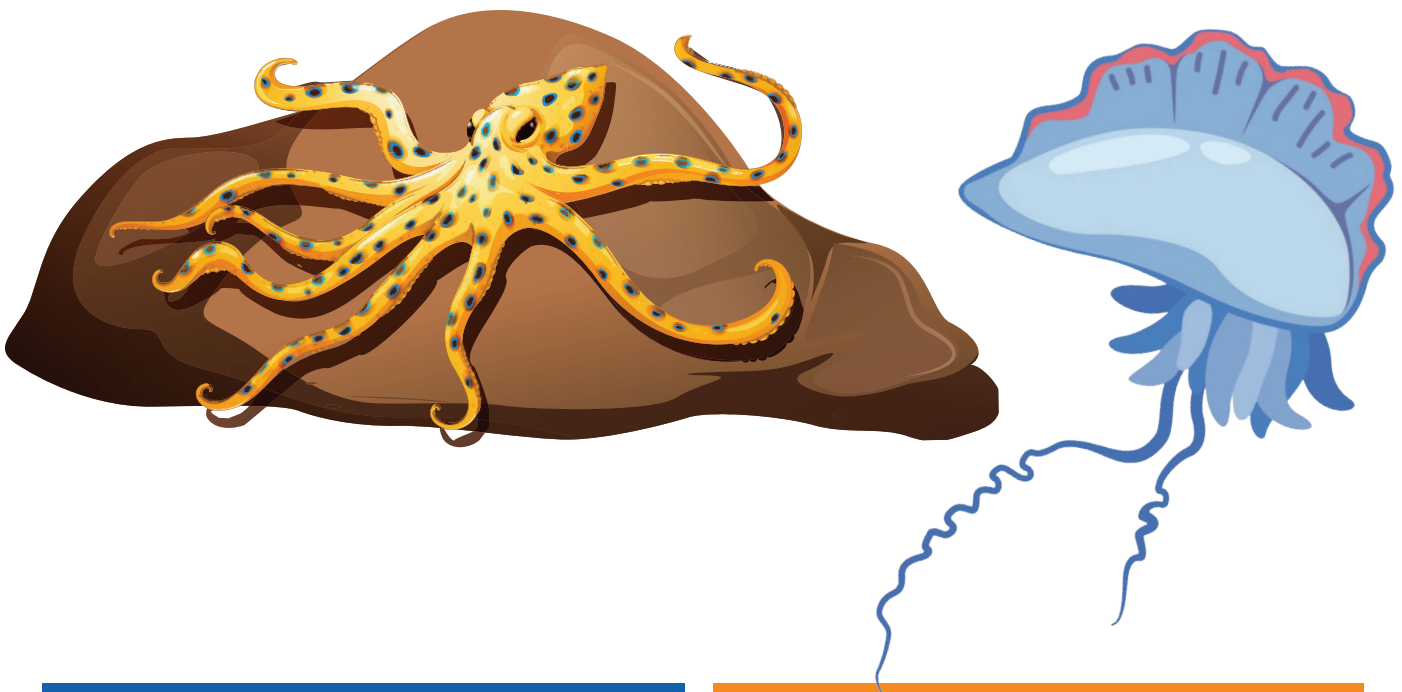
There are many stories about how to treat stings from blue-ringed octopuses or bluebottles, but some of them are dangerous!

TASK

Read the five action cards with your group. Talk about each one: Is this a true way to help, or is it false?

Once your group decides, use your favourite crayon to write 'T' for true or an 'F' for false.

Example card: 'If a bluebottle stings you, rub sand on it' -> Is that TRUE or FALSE?



TRUE

FALSE

POUR COLD
FRESH WATER
ON A STING

TELL A
LIFESAVER
IMMEDIATELY

RUB THE
STING WITH
SAND

KEEP CALM
AND SIT STILL

RUN AND
HIDE

SUSTAINABILITY

Dune guardians

OBJECTIVE

Discover why sand dunes are the beach's natural sea walls and help protect them.

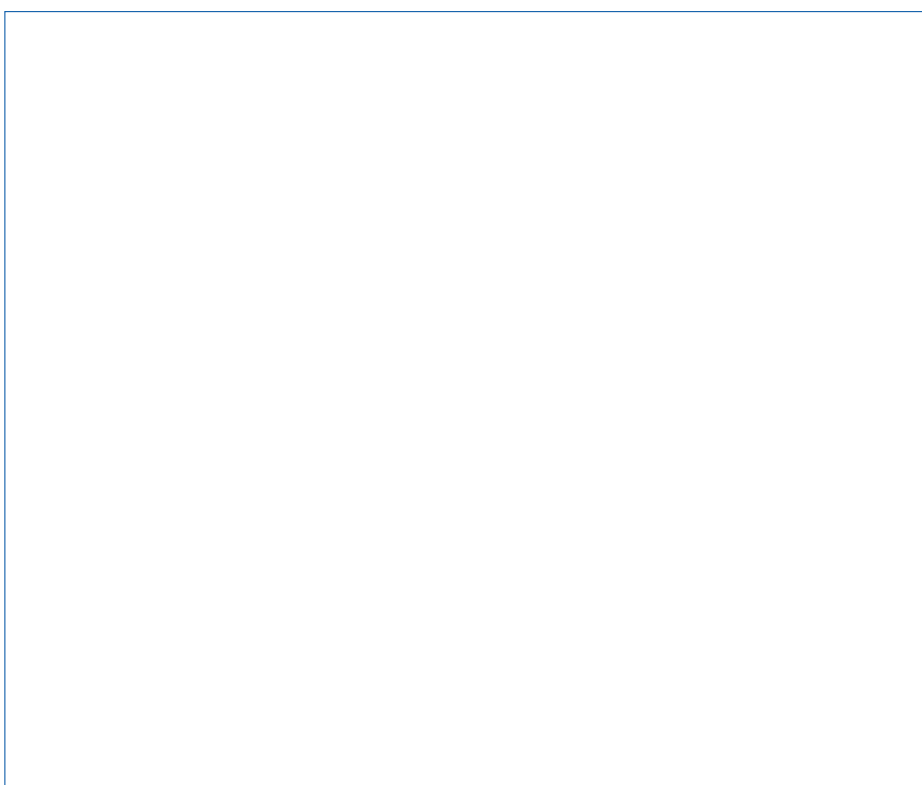
Did you know that the grass growing on sand dunes has roots that hold the sand together? Without the grass, the wind and waves would wash the beach away!

TASK

Create a Dune guardian poster to help other people look after our sand.

The drawing: Sketch a picture showing the healthy green grass holding the sand in place.

The slogan: Write a short, powerful sentence to tell people why they should stay off the grass (e.g. Stay on the track to give the grass a back!).



RIPS & SAFETY

Reading the water

OBJECTIVE

Work as a team to set up a safe beach for the day.

Congratulations! You are now 'on duty' as part of the Surf Life Saving patrol team.

TASK

Look closely at the photo of the beach. Can you find the rip? Look for these three clues:

Darker water: A place where the water looks deeper and darker.

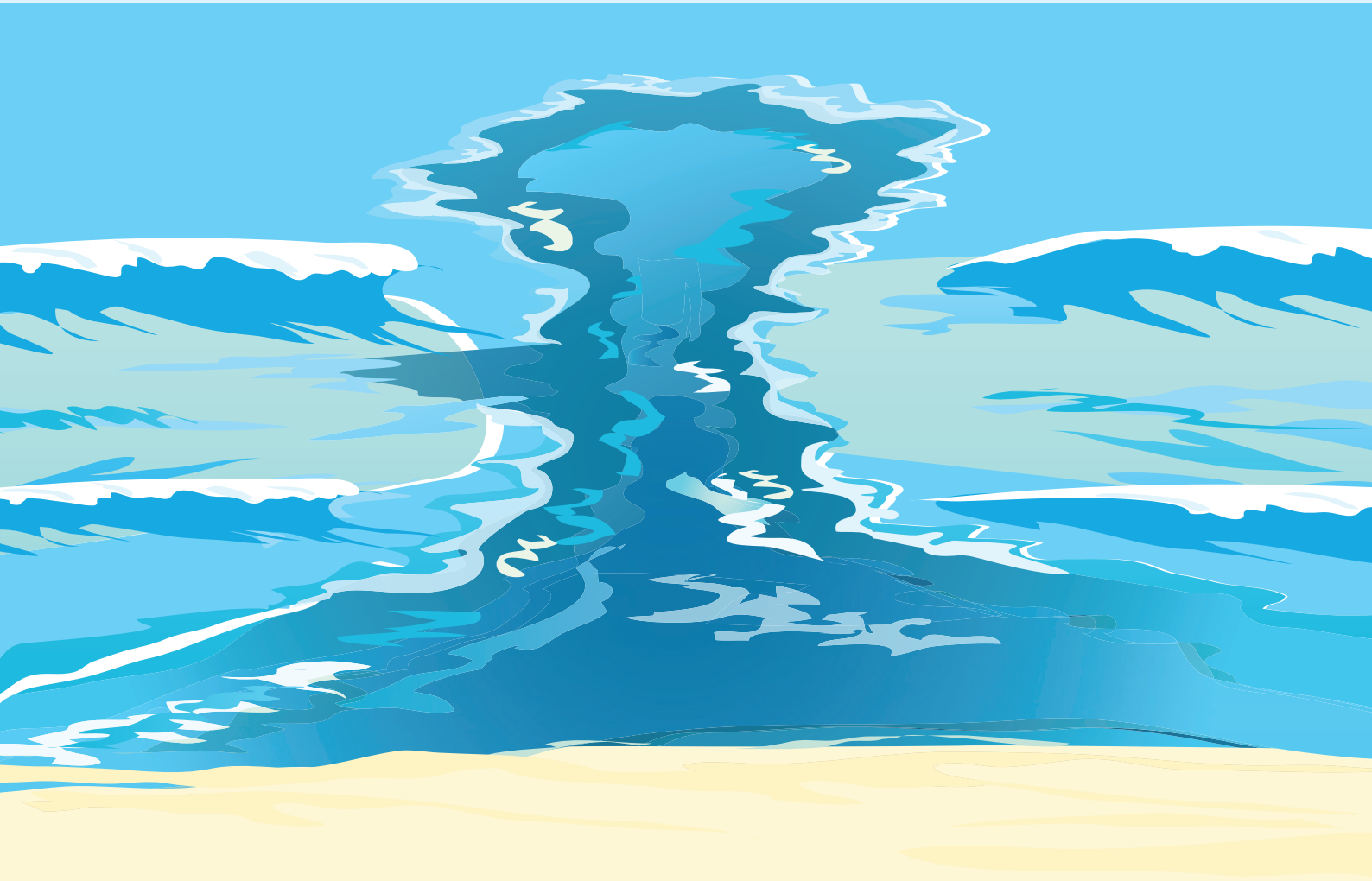
Calm surface: A gap where there are no waves breaking.

Bumpy water: A patch that looks choppy or has bubbles floating out to sea.

Action: Use a bright marker to draw a big circle around the rip current on your sheet!

FIND THE RIP

Look for darker, calmer, or sediment-filled water.



ROLES OF LIFESAVERS

The patrol log

OBJECTIVE

Work as a team to set up a safe beach for the day.

Congratulations! You are now 'on duty' as part of the Surf Life Saving patrol team.

TASK

Work in your small patrol teams to fill out your official patrol log:

Assign roles: Who is the Patrol Captain? Who is the Radio Operator?

Check the weather: Look outside—is it sunny, cloudy, or windy? Write it down!

The safety zone: On your beach map, draw the red and yellow flags. This is the only place it is safe for people to swim.

Gear audit: Tick off your equipment to make sure you are ready for a rescue:

☐ The IRB (Inflatable Rescue Boat)

☐ First Aid kit

☐ Rescue board

☐ Radio (to call for help)

Date:

Time:

Temperature:

Weather (circle one): Sunny / Cloudy / Rainy

Wind (circle one): Light / Strong

Flag placement (Draw two flag positions on the map)

