

COMMUNITY EDUCATION TOOLKIT



Supporting SLSNSW branches, clubs & local communities





ACKNOWLEDGEMENT OF COUNTRY

Surf Life Saving NSW acknowledge all Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of the lands and waterways on which we live, work and gather. We pay our deepest respects to Elders both past and present, and extend that respect to all First Nations peoples with us today.

We recognise and honour the special and enduring connection that First Nations peoples have to Sea Country and their deep custodianship of the rivers, coastlines and oceans across Australia, a connection that has been nurtured through thousands of generations.

ABOUT

This package is designed for SLSNSW clubs, branches and local communities for the purpose of beach and coastal safety education.

Its goal is to provide the resources, tools, and guidance necessary to deliver impactful safety activities to at-risk community groups, strengthening our collective reach across the state.



HOW THE COMMUNITY EDUCATION TEAM SUPPORTS YOU



Promotion

Highlighting your club or branch activities online and via our contact databases.



Connections

Linking you with local schools, community groups, and key stakeholders.



Direct support

Providing face-to-face training sessions and personalised one-on-one online assistance.

For any questions or comments, please email:
community@surflifesaving.com.au

PROGRAMS

Brand new programs and presentations developed to target the education of specific school and community groups.

Programs have been developed with the support of community and subject specific experts, ensuring content is relevant, meaningful and responsive to target community needs.

EARLY CHILDHOOD

Fun, simple beach safety through stories and play.



PRIMARY SCHOOL

Practical skills and knowledge for staying safe at the beach.



MULTICULTURAL COMMUNITY

Culturally appropriate water safety education.



SECONDARY SCHOOL

Risk awareness and safer decision-making in and around water.



INTERNATIONAL STUDENTS

Beach safety basics for those new to Australian beaches.

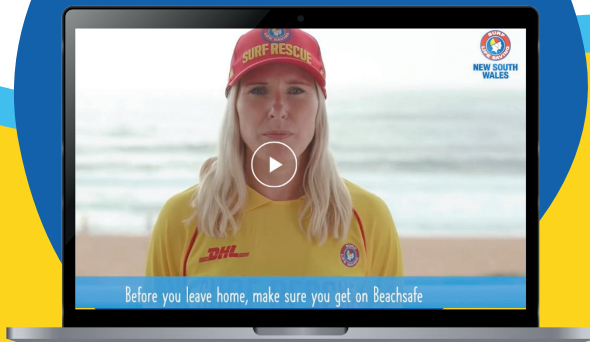




RESOURCES

A suite of newly developed, multilingual resources created with our key communities in mind.

BEACH SAFETY VIDEOS



GIVEAWAYS



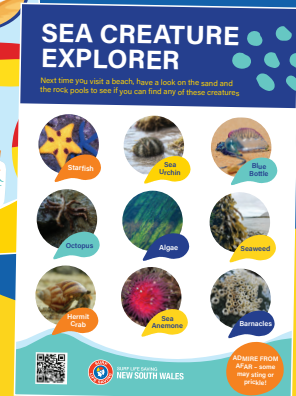
ROCKFISHING



MULTILINGUAL FACT SHEETS



POSTERS & FLYERS



DIGITAL MEDIA RESOURCES



BEACHSAFETYHUB.ORG.AU

KNOW YOUR LIMITS

Know Your Limits is a brand-new Surf Life Saving NSW program designed for secondary school students. It focuses on risk awareness and safer decision-making in, on, and around the water to help teens navigate their growing independence safely.



PROGRAM DELIVERY

The program delivers an immersive, blended learning experience through two core delivery methods:

Interactive digital modules: Engaging, self-paced E-learning modules covering hazard identification and emergency responses.

Physical Paradox activities: Hands-on, practical classroom activities designed to challenge students' perceptions of risk versus reality, driving home the message of knowing one's physical limitations.

WHAT IT COVERS

Risk evaluation: Identifying hidden coastal hazards like rip currents, large swells, and unstable rock platforms.

Behavioural awareness: Understanding how peer pressure, overconfidence, and environmental factors influence decision-making.

Emergency readiness: Practical steps on how to signal for help, survive a rip, and safely assist a friend in distress without becoming a victim yourself.

SUPPORT AND DELIVERY

Like all SLSNSW community education initiatives, branches and clubs can access direct support from the Community Education team to roll out this program locally:

Connections: Linking your club with local secondary schools and youth stakeholders.

Promotion: Highlighting your local program delivery across SLSNSW online networks and databases.

Get involved: Ready to bring Know Your Limits to your local high schools? Head over to the beachsafetyhub.org.au or email the team at community@surflifesaving.com.au for more information.

COMMUNITY EDUCATION KIT

This kit contains fundamental items designed to support beach safety-related community education across a variety of groups.

Having a designated kit for community events supplemented with relevant items from your own club is an excellent way to ensure you are always prepared to educate and engage your local community.

Please note: A fee applies for this resource.

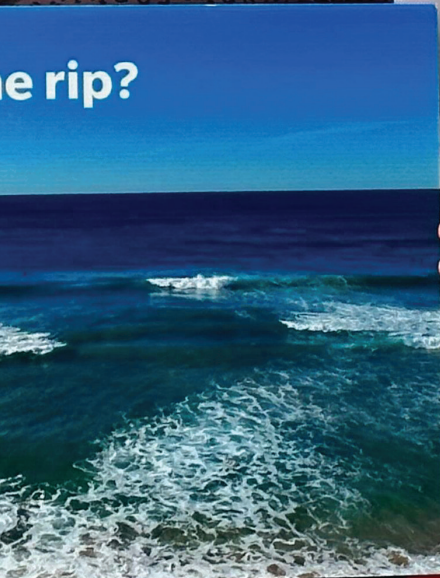


What's included in the Community Education kits

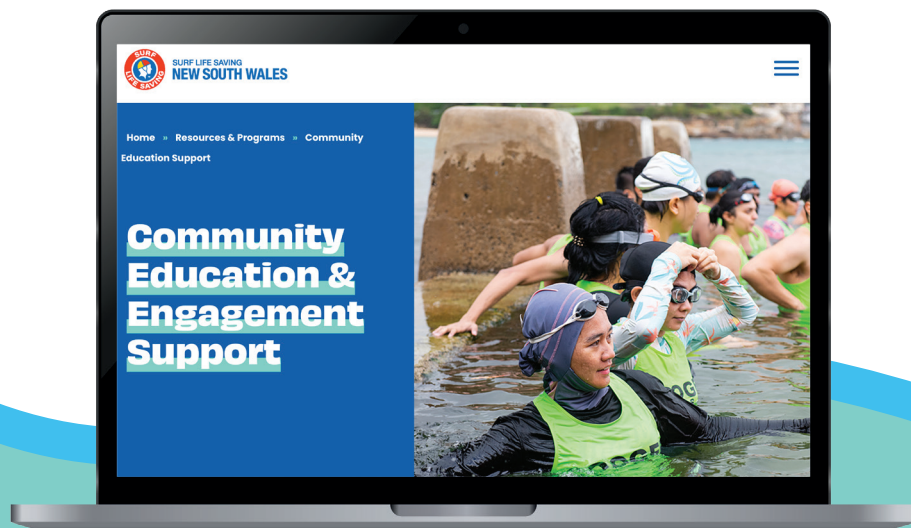
- Set of 15 corflutes
- USB with media files
- Rescue tube
- Lifesaver uniforms for dress-up
- Sunscreen and zinc
- Shells, starfish, and shark eggs
- Branded giveaways
- Stickers
- Flyers and brochures
- Fact sheets
- Activity sheets



Find out more about the Community Education Toolkit:
community@surflifesaving.com.au



ENGAGEMENT & CONNECTION WITH YOUR LOCAL MULTICULTURAL COMMUNITY



5. Community Outreach

Actively communicating, sharing information, and inviting participation to the public.



1. Local Knowledge

Gathering insights on community history, demographics, needs and values



2. Community Cultural Understanding/Awareness

Gathering insights on community history, demographics, needs and values.



3. Community Connections

Building relationships with residents, groups, organisations, and key stakeholders.



4. Engagement Plan

Developing structured methods for communication, consultation, and collaboration.



JOIN BEACH TO BUSH!

Are you passionate about beach safety?

We are looking for presenters to visit regional and rural communities across NSW.

Help us prepare primary school students for the summer by sharing your skills and knowledge.

With a 30-year legacy, Beach to Bush has reached over 280000 students across more than 2000 schools.

Be a part of this iconic program and help save lives through education.



JOIN US IN MAKING A DIFFERENCE THIS YEAR!

CONTACT

Surf Life Saving NSW
3 Narabang Way, Belrose NSW 2085
PO Box 307 Belrose NSW 2085

P (02) 9471 8000
beachsafetyhub.org.au



**NEW SOUTH
WALES**