

Stage 5 PDHPE Assessment Notification: Beach Safety Plan



Due Date:

Outcomes Assessed:

A student:

- PD56 critiques contextual factors, attitudes and behaviours to effectively promote health, safety, wellbeing and participation in physical activity
- PD57 plans, implements and critiques strategies to promote health, safety, wellbeing and participation in physical activity in their communities
- PD59 assesses and applies self-management skills to effectively manage complex situations

Task Details

You are to create a fully resourced Safety Plan for visiting a New South Wales beach of your choice with a trusted friend. Your plan must detail the following:

- Preparation – Gaining knowledge of the beach, preparing equipment and personal safety, the present and forecasted conditions
- Gaining situational awareness on arrival – details of the discussion you will be having with your friend on the Think Line (good place to observe conditions)
- Where to enter the surf, communicating in the surf and how to raise attention for assistance
- Emergency Plan for exiting the surf in an unsafe situation

You will need to provide a map detailing the location of hazards. You may use an aerial photograph or topographic map. You should consult Beachsafe website, knowledge you have gained in this unit and other appropriate resources.

Your Safety Plan is limited to 2 pages. It must include a reference list.

Marketing Criteria

Criteria	Marks
<ul style="list-style-type: none"> • Integrates subject specific terms and concepts in an appropriate context • Uses contextual knowledge to develop a logically sequenced safety plan that highlights a sophisticated understanding of how to experience the selected beach safely. • Demonstrates highly developed factually correct and comprehensive contextual knowledge of the hazards and safety information relating to the selected beach 	17-20
<ul style="list-style-type: none"> • Provides concise definitions of subject specific terms and applies concepts in appropriate context • Uses knowledge to develop a logically sequenced safety plan that highlights a sophisticated understanding of how to experience the selected beach safely. • Demonstrates sound factual and appropriate contextual knowledge of the hazards and safety information relating to the selected beach 	13-16
<ul style="list-style-type: none"> • Provides clear definitions of subject specific and a sound discussion of relevant points • Refers to knowledge to develop a safety plan that highlights a sound understanding of how to experience the selected beach safely. • Demonstrates correct and mostly relevant knowledge of the hazards and safety information relating to the selected beach 	9-12
<ul style="list-style-type: none"> • Provides basic definitions of some subject specific terms. • Uses generalised knowledge that attempts to provide a response of how to experience the selected beach safely. 	5-8
<ul style="list-style-type: none"> • Utilises some appropriate subject specific terms • Develops no logical format • Demonstrates lack of knowledge of how to experience the selected beach safely. 	1-4