

# Glossary



**Ocean:** A large body of water making up a major part of the earth.

**Rip Currents:** usually named rips. a 'rip' is a strong current of water that can pull you away from the shore. Rips can be very dangerous, and it is important to stay calm and signal for lifesavers if you find yourself caught in one.

**Swell:** Waves (usually with smooth tops) that have moved beyond the area where they were generated.

**Waves:** Waves are generated by wind moving over the water; they indicate the speed of the wind in that area.

**Emergency:** A situation that poses an immediate risk to health, life, property, or the environment.



**Rescue:** To save somebody in trouble.



**Uniform:** Special clothes for a specific role.



**Coast:** Where the water (sea/ocean) meets the land.

**Shore:** The land along the edge of a body of water.

**Shoreline:** A boundary line between land and water.



**Swimmers:** Slang for swimming costume. They are an essential piece of clothing for enjoying Australian beaches.



**Sunnies:** Is a short word for sunglasses.



**Thongs:** Is another word for flip-flops which are a type of summer sandals commonly worn at the beach in Australia.



**Diversity:** Understanding everyone is unique and recognizing our individual differences.



**Migrants:** People who move from one place to another with the intention of settling, permanently or temporarily, at a new location.

**Refugees:** People who have been forced to leave their country in order to escape war, persecution, or natural disaster.



**Rubbish:** Consists of unwanted things or waste material that is harmful to the environment.



**Red and yellow flags:** The patrolled area of the beach where a lifesaving service is operating. The absence of these flags indicates there is no supervision. NO FLAGS = NO SWIM. Swim between the red and yellow flags.

**Patrol:** To walk around, observe and protect.



**Surfie/surfer:** Someone who surfs, or rides waves at the beach.



**Lifeguards:** They are paid professionals who provide beach safety services.



**Float:** Rest or remain on or near the surface of the water without sinking.

**Take a dip:** To go into the water. It can be used to talk about swimming at the beach, a pool, or a river.

**Rashie:** A piece of swimwear designed to protect skin from the sun and rashes from board riding.

**Wetsuit:** special clothing worn to protect from the cold and keep the body warm.



**Club:** an association dedicated to a particular interest or activity.

**Surf Life Saving Club:** A group of surf lifesavers who patrol and volunteer together at specific Australian beaches.



**Surf lifesaver:** A trained volunteer who patrol's beaches during the summer season, and who rescues people in need of help at the beach.

**Volunteer:** A person who works without being paid.



**Drown:** To die in the water due to breathing in (inhaling) too much water.

**Sink:** To go down below the surface of the water after no longer being able to stay above the water.

**Calm:** Not showing or feeling nervousness, anger, or other strong emotions.



**Panic:** Sudden uncontrollable fear or anxiety, often causing impulsive and irrational behaviour.



**Tourist:** Visitor from another country.



**Beach safety signs:** They are warning signs that can be in different shapes and colours. They are used to warn you about the dangerous beach conditions or hazards at the beach. Unexpected large waves or no swimming are examples of beach safety signs at the beach.



**Bluebottles:** They are a common species of jellyfish that often gets washed up onto Australian beaches in the summertime. Bluebottles are not deadly, but they do sting and can produce an uncomfortable pain that lasts about 30 minutes.



**Dangerous:** Something that is not safe and could cause harm.



**Ultraviolet (UV) radiation:** Is a type of energy produced by the sun. The sun's UV is the main cause of skin cancer. Too much UV exposure also causes sunburn, tanning, and eye damage.



**Sunscreen:** Also known as sunblock, is a lotion, spray, gel, foam, stick or other topical product that absorbs or reflects some of the sun's ultraviolet radiation and helps protect against sunburn.



**Slip, slop, slap:** These words are used in this slogan in place of "put on". It is short for 'slip on a shirt, slop on some sunscreen and slap on a hat'. It can also include 'seek and slide' - short for seek shade and slide on sunglasses.