

BEACH SAFETY & RISK TAKING

The beach is a great place to relax, have fun and enjoy the sun and surf. The beach and ocean is however, a wild place and one where we might face risky situations and challenging scenarios. Use page 2, to outline the decisions that can be made in each scenario below and how these decisions may impact the safety and wellbeing of those involved.

SCENARIO ONE: Jodie and her best mates Hannah and Brody are heading to the beach. They met at swimming champs a few years back and have been friends ever since. Jodie is the best swimmer but Hannah and Brody won't admit it and they are always trying to beat each other in the water. It's almost 6pm and the beach will be unpatrolled by the time they get there. Jodie gets changed in the toilets, throws her clothes and bag down on the sand and races into the water. Hannah follows her in. Brody notices it's getting dark and the waves seem pretty intense. Brody really wants to swim and doesn't want to look like a wimp in front of the girls. What are Brody's options?

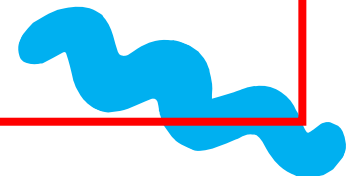
SCENARIO TWO: Zateer recently arrived to Australia with his family. He has made new friends at his school and they have invited him to the beach on the weekend. Zateer cannot swim and has never been in the ocean as his home country was land locked. Zateer has told his parents that he is going to his friends house and doesn't want to tell his parents that he is going to the beach so he doesn't worry them. When Zateer and his friends arrive at the beach, he notices some red and yellow flags on the other side of the beach and asks his friends why they are not swimming there. His friends tell him that it is too crowded and all the babies swim there, it's much better over here. His friends rush into the water, it looks pretty calm. Zateer is scared to enter as the ocean looks big and dark but he doesn't want his friends to think he is different. What are Zateer's options?

SCENARIO THREE: Jamie, her brother Dylan and their friends have been hanging out at the beach all day. It has been hot and sunny and they have been drinking. None of them live near the beach and they still have a long bus trip to get back home so Jamie thinks they should go. Dylan wants to stay and get back in the waves to cool down and his friends are pushing him to get back in. None of their other friends are going in. Jamie can see that the flags are down and the waves look pretty rough and she is worried about her brother going back in, especially by himself, but she doesn't want to embarrass him in front of their friends. What are Jamie's options?

RISK TAKING & OUTCOMES

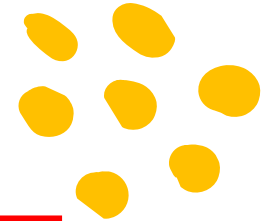


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|-------------------|-------------------|---------------------|------------------------|
| Scenario Overview | Decision Option 1 | Most likely outcome | Worst possible outcome |
| | | | Best possible outcome |
| | Decision Option 2 | Most likely outcome | Worst possible outcome |
| | | | Best possible outcome |
| | Decision Option 3 | Most likely outcome | Worst possible outcome |
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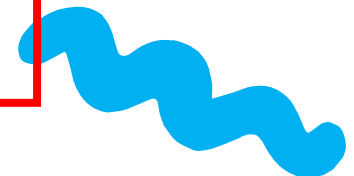


INFLUENCING RISK FACTORS

We all have various influencing factors in our lives that can make situations more or less risky. For example a trained Lifesaver would have a lower risk of drowning in a rip because they have been trained to know what to do. Someone who cannot swim has a higher risk of drowning as they do not have the skills required to keep them safe and above water. Using the scenarios on page 1, outline the influencing factors for each of the individuals below in relation to their risk for drowning or getting into serious trouble in the ocean..



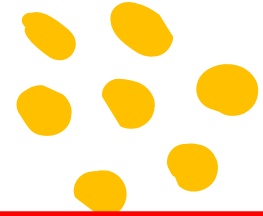
| | |
|------------------------------------|------------------------------------|
| Brody Positive Influencing Factors | Brody Negative Influencing Factors |
| Zateer Influencing Factors | Zateer Influencing Factors |
| Jamie Positive Influencing Factors | Jamie Negative Influencing Factors |



IMPACT OF DECISIONS & RISK TAKING



When we make a decision and take an action, there is always an impact. Sometimes the impact is positive and sometimes its negative, Sometimes the impact is only on the individual and sometimes the impact can be on the individuals family, friends and wider community. Select one of the Decision options from the previous page and outline the potential impact associated with the potential outcomes you described.



| | | |
|----------------------|------------------------|-------------------|
| Decision Option Made | Most likely outcome | Impact of outcome |
| | Worst possible outcome | Impact of outcome |
| | Best possible outcome | Impact of outcome |

