Surf Life Saving NEW SOUTH WALES On Patrol with Community Education – OCTOBER 2023



About Us

Welcome to our Term 4 School Newsletter from the Surf Life Saving NSW Community Education team!

Our motto at Community Education is to "Engage, Educate and Empower" schools though our beach and water safety education programs. We have lots on offer and will be showcasing these through our quarterly newsletter to you.



Meet surf lifesaver Lachlan!

Hello everybody – I'm Lachlan and I'm a surf life saver at Dee Why Beach on the Northern Beaches of Sydney. Although I didn't grow up near the beach, I have always loved swimming and would always really look forward to going to the beach on our family holidays. When each of my own kids turned 6 years old I enrolled them into the Nippers program at Dee Why beach. It was great to watch them from the sand, but it looked like such fun out in the water that I decided to get my Bronze Medallion and become a surf life saver



myself. Myself and my family have loved being involved in the surf club ever since, it's a great Club with lots of great people. In fact, this year I was even elected as the new Club President!

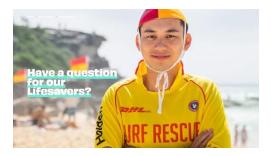
My surf safety trip is to remember that beach safety begins at home. Prepare and pack well for all the things you might need, and ask your parents to check the beach conditions on <u>the BeachSafe</u> <u>App</u> before you leave home (it's free via the App Stores!). If the conditions are not great at the beach you were planning to go to, then there's usually another beach or pool where you can have a more enjoyable day.

Once at the beach, look out for the Red and Yellow flags for the best spot to swim and read all the signs that the life savers have put up. And lastly, once you have a spare moment, please come up to the life savers to say hello, I love talking to people at the beach!



Have a question for our lifesavers?

Do your students need a fact for a project they are trying to finish, or just out of curiosity would like a question answered by our lifesavers who are passionate about beach and ocean safety? Our lifesavers love sharing their extensive knowledge: from where is the safest place to swim at the beach? to what is a Portuguese man o' war? <u>Ask an Expert</u>!





27th November to 1st December: BIG BEACH WEEK 2023

We're promoting safety around water to make sure your students are prepared for summer. Registered schools will have access to a range of FREE activity sheets, a full teachers guide and livestreams with our lifesavers. Plus prizes to be won!

What will your students learn?

- Roles and responsibilities of lifesavers
- Waterways and water safety
- Beach & Coastal Safety
- Marine creatures
- Sun safety

LEARN MORE & REGISTER





Have you checked out our VIRTUAL REALITY DRONE FLIGHT SIMULATION?

Our simulation provides an opportunity for your students to experience the coastline from a unique perspective. At ground level it can be hard to see and understand hazards, but from above you can obtain a whole new view, helping to better understand why safety on the coast is so vital. Check it out here: Drone Flight Simulation



Or share with your students the <u>behind the scenes video</u> where they can follow the development of our VR Drone Simulation.



BEACH LIFE CHALLENGE GAME

We are extremely excited to be launching our Beach Life Challenge game soon! This online interactive quiz game aims to educate young people about Australian coastal and inland water safety via an informative format. This resource is embedded with Surf Life Saving knowledge, roles, routines and values, all presented in a fun, easy to follow software. Utilised by teachers and students in classroom settings for educational purposes and aligned with the NSW Curriculum.



Check out this short video to find out more: <u>Beach Life Challenge</u>.

MISSED ONE OF OUR PREVIOUS SCHOOL NEWSLETTERS? No problem, you can access all the newsletters on our Hub:

NSW TEACHERS SCHOOL NEWSLETTER

Next Newsletter

Our next On Patrol Newsletter will be sent to you in early December 2023.

Stay in the loop

You are welcome to sign up to receive our *On Patrol Newsletter*. We will keep you updated on how to access our free resources, what's new, any exciting programs we have developed and any news items especially for teachers. Please sign up here: <u>https://bit.ly/SLSNSWNewsletter</u>

"Learning is a treasure that will follow its owner everywhere."

Contact Us

Want to know more? Please contact:

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