



## About Us

Welcome to our **Term 4 School Newsletter** from the Surf Life Saving NSW Community Education team!

Our motto at Community Education is to “*Engage, Educate and Empower*” schools through our beach and water safety education programs. We have lots on offer and will be showcasing these through our quarterly newsletter to you.



## Meet surf lifesavers Louise & Peter!

Hi, we are **Peter** and **Louise** Lambeth from Ocean Beach on the NSW Central Coast. Peter was one of our clubs first nippers and has been a lifesaver for an amazing 53 years. Louise decided to join Peter on the beach and has been a lifesaver for 14 years.

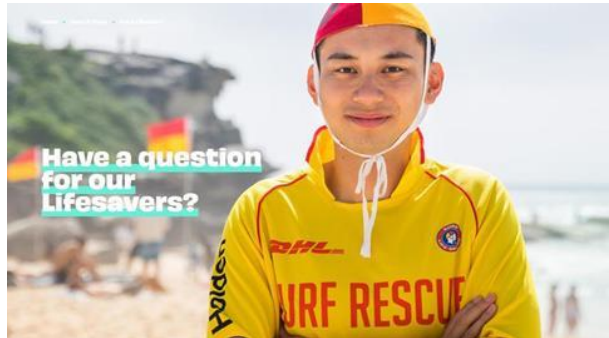
Being lifesavers means we are part of a wonderful team who are dedicated to keeping people safe at the beach. We have participated in five SLSNSW [Beach to Bush](#) tours which are a lot of fun. Some schools we visited were big and some were very small. We love meeting the students and teachers and sharing our surf safety knowledge!

Our surf safety tip is to remember that the ocean is changeable: it can be calm and then bigger waves could roll in. It's important to stop and watch the ocean to see what kind of waves there are. Ask a surf lifesaver to help identify the best waves to swim in and always stay between the red and yellow flags so they can see you.



## Have a question for our lifesavers?

Do your students need a fact for a project they are trying to finish, or just out of curiosity would like a question answered by our lifesavers who are passionate about beach and ocean safety? Our lifesavers love sharing their extensive knowledge: from where is the safest place to swim at the beach? to what is a Portuguese man o' war? [Ask an Expert!](#)



## What's coming up?

### Water Safety Books for students

Louise (our featured lifesaver) has written two water safety children's books which she would love to share with teachers and parents:

#### **Annie and the Waves:**

Annie lives in the country. She meets two surf lifesavers at her school who advise her how to stay safe at the beach. When Annie and her family go on a holiday to the beach, she discovers the ocean is changeable. With the help of her family and the lifesavers Annie learns to love swimming in the ocean. On the last day of her holiday Annie experiences a surging wave that drags her into the deeper water. Will she remember how to tell the surf lifesavers she needs help? You can share with your students a book reading with Louise and surf lifesaver Grace here: [Annie and the Waves](#).



We will be launching Multilingual translations of the Annie and the Waves book in the school holidays, which will be suitable for Early Stage 1 and Stage 1. We have 5 languages available: Arabic, Chinese, Vietnamese, Swahili and Korean. These books are suitable for families as well as children, new to the country or with low English level proficient. If you are interested in a free copy of these books, please submit an EOI [here](#)

#### **Rohit at the River:**

Rohit loves boats but first his mum says he needs to learn how to be safe around water. When he receives his first water safety certificate his family go to the river for a picnic... but rivers can be dangerous places! Check out this book here [Rohit at the River](#).



## 28<sup>th</sup> November to 2<sup>nd</sup> December: BIG BEACH WEEK 2022

We're promoting safety around water to make sure your students are prepared for summer. Registered teachers and schools will have access to a range of FREE activity sheets along with a full teachers guide. We've lots of competition prizes for your students to participate.

What will your students learn?

- Roles and responsibilities of lifesavers
- Waterways and water safety
- Beach & Coastal Safety
- Marine creatures
- Sun safety



[Learn More & Register](#)



### Have you had a look at our VIRTUAL REALITY DRONE FLIGHT SIMULATION?

Our simulation provides an opportunity for your students to experience the coastline from a unique perspective. At ground level it can be hard to see and understand hazards, but from above you can obtain a whole new view, helping to better understand why safety on the coast is so vital. Check it out here: [Drone Flight Simulation](#)

Or share with your students the [behind the scenes video](#) where they can follow the development of our VR Drone Simulation.



## BEACH LIFE CHALLENGE GAME

We are extremely excited to be launching our Beach Life Challenge game later this year! This online interactive quiz game aims to educate young people about Australian coastal and inland water safety via an informative format.



This resource is embedded with Surf Life Saving knowledge, roles, routines and values, all presented in a fun, easy to follow software. Utilised by teachers and students in classroom settings for educational purposes and aligned with the NSW Curriculum.

Check out this short video to find out more: [Beach Life Challenge](#).



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**MISSED ONE OF OUR PREVIOUS SCHOOL NEWSLETTERS?** No problem, you can access all the newsletters on our Hub:

[NSW Teachers School Newsletter](#)

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### Next Newsletter

Our next *On Patrol Newsletter* will be sent to you in early December 2022.

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### Stay in the loop

You are welcome to sign up to receive our *On Patrol Newsletter*. We will keep you updated on how to access our free resources, what's new, any exciting programs we have developed and any news items especially for teachers. Please sign up here:

<https://bit.ly/SLSNSWNewsletter>

*"Learning is a treasure that will follow its owner everywhere."*

**Contact Us**

**Want to know more?**

**Community Education Team**

Surf Life Saving NSW

P 0447 878 024

E [community@surflifesaving.com.au](mailto:community@surflifesaving.com.au)

W [www.beachsafetyhub.org.au/](http://www.beachsafetyhub.org.au/)



Surf Life Saving New South Wales  
3 Narabang Way Belrose NSW 2085  
PO Box 307 Belrose NSW 2085 Australia

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