



## On Patrol with Community Education - October 2024

Welcome to our Term 4 School Newsletter from the Surf Life Saving NSW Community Education team!

Our mission is to equip all communities with the confidence, knowledge, resources and tools to prevent drownings & create safe, fun, welcoming & enjoyable beach side experiences.



### Meet surf lifesaver Richard Mills



Richard Mills is the Club Captain of Queenscliff Surf Life Saving Club and has been patrolling since 2016. His passion for ensuring families enjoy a safe, fun day at the beach is inspiring.

In addition to his role as Club Captain, Richard is a dedicated Scout Leader for the Venturers, working with older Scouts to develop their skills and foster leadership. His ability to connect with young people and instill important values is a true testament to his character.

Richard is not only a skilled patroller but also an incredible presenter for our beach safety program. His engaging style and extensive knowledge makes him a favorite among participants, helping to raise awareness about the importance of staying safe while enjoying our beautiful beaches.

**RICHARD'S BEACH SAFETY TIP:** "Never be afraid to say hello to a lifesaver and ask about the conditions or any hazard information on the beach!"



[Big Beach Week](#) is our popular FREE program for primary school students! This program provides teachers with valuable resources and a comprehensive guide to help them teach students directly in the classroom. Open to ALL primary schools in NSW!

The program offers the following resources to support teachers in teaching beach & coastal safety to students:

- Teaching guide
- Learning resources
- Live stream (or video)

Once registered, teachers will gain full access to all learning materials, including the teaching guide.

Schedule for 2024: 2nd to 6th of December.

[Register Now](#)



Heading down to the rock pools is an exciting way to discover hidden marine creatures! You might spot crabs, starfish or even bright anemones nestled between the rocks.

As you explore, remember to respect the sea creatures and avoid disturbing their habitat.

Safety is essential! Keep an eye on the waves and never turn your back on the ocean. Waves can sneak up unexpectedly!

Rock Pool Safety Tips:

- Use sunscreen, a hat, and wear a rash vest or long-sleeve top.
- Don't put your hands under rocks or where you can't see.
- If you are unsure, ask before handling any creatures.
- Use a soft net and a bucket of fresh ocean water for small fish.
- Don't poke creatures with sticks to keep them safe.
- Take all rubbish and equipment away with you.

More information about marine creatures and water safety is available on our [hub!](#)

[Check Now](#)



We provide resources for:

- These resources are available for:

- [Check out all our resources](#) to help plan lessons and teach your students or kids about beach and coastal safety before summer starts!



NSW Teachers School Newsletter

Our next *On Patrol* Newsletter will be sent to you at the start of Term 1 2025

You are welcome to sign up to receive our *On Patrol Newsletter*. We will keep you updated on how to access our free resources, what's new, any exciting programs we have developed and any news items especially for teachers. Please sign up here: <https://bit.ly/SLSNSWNewsletter>

*"Learning is a treasure that will follow its owner everywhere."*

## Contact Us

---

**Want to know more?**

Community Education Team  
Surf Life Saving NSW

P 0447 878 024  
E [community@surflifesaving.com.au](mailto:community@surflifesaving.com.au)  
W [www.beachsafetyhub.org.au/](http://www.beachsafetyhub.org.au/)



Surf Life Saving New South Wales  
3 Narabang Way Belrose NSW 2085  
PO Box 307 Belrose NSW 2085 Australia

This email is being sent to you as you're a key stakeholder within the Surf Life Saving NSW  
Education Community.

[Unsubscribe](#)