



On Patrol with Community Education - April 2024

Welcome to our Term 2 School Newsletter from the Surf Life Saving NSW Community Education team!

Our mission is to equip all communities with the confidence, knowledge, resources and tools to prevent drownings & create safe, fun, welcoming & enjoyable beach side experiences.



Meet surf lifesaver Warren Sterling!

"I started with surf lifesaving as a nippers parent organising swims and beach fun for the kids. I am currently a patrol captain with two Surf Life Saving Club in the Hunter region - Merewether Surf Life Saving Club and Tea Gardens/Hawks Nest Surf Life Saving Club.

When I'm on patrol I love talking with the public and educating them on staying safe in the surf. I enjoy also being a trainer and assessor, helping where I can with our Bronze and SRC courses.



I appreciate the opportunities granted to me by surf lifesaving to grow as a person and for me to meet other volunteers who are doing marvellous work. This includes participating in the annual <u>Beach to Bush</u> program where I meet rural primary students to share my knowledge and experiences on beach, coastal and inland waterways safety and education programs such as <u>Annie & the Waves</u> which is an early childhood program.

I have represented surf lifesaving in flood relief on occasions and have witnessed the importance of using our skills and equipment such as the IRB to help people, when they are vulnerable and in most need.

I speak highly of surf lifesaving and I always encourage people to give it a go and get their Bronze. I explain that it is only the start of the adventure.

My favourite tip to help people learn about rips is "Green is mean, white's alright". This means that when you see the dark, smooth areas in the water that is usually where the rips are. The safe places to swim are where the waves are breaking with white tops. It's a simple thing to remember but has a powerful message behind it.

I am incredibly proud that both of my sons have not only completed Nippers but went on to become active patrolling members and proficient lifesavers who contribute to the community."

Pictured: Flood relief at Maitland in 2022. SLSNSW supported paramedics to evacuate local resident Margaret from her home.





Secondary Teaching Resources

Bring Surf Lifesaving into your classroom using our free tools and resources for secondary teachers!

We have created secondary resources that focus on delivering the key water safety message that the beach is a place for everyone to safely experience the beach, coastline and inland waterways. They also give students an opportunity to further develop their literacy skills, address the Cross-Curriculum Priorities of the NSW Curriculum and give to students authentic learning by creating meaningful projects through inquiry-based tasks.

S4 & S5 units include:

- Unit Outline
- NSW Syllabus Outcomes
- 3–4-week lesson plan & tasks

- Resources
- Activity Sheets

S6 Biology units include:

- Unit Outline
- Teacher Guide
- Syllabus Achievements
- Depth Study/Research Task
- Worksheets/Field Documents & Study
- Outcomes & Lessons
- SLSNSW Education values worksheet
- Practical Handbook
- Assessment/Marking Criteria

You can view and download these lesson plans and resources by stages or subject.







Take your students on a tour of the beach from the classroom!

In this 360o virtual reality drone flight simulation your students will join our UAV Pilots as they guide you from the sand into the air and along the shoreline. They will view a rip current from above, spot some marine creatures, watch some surfers catch a wave and go fishing on the headland.

Students can view and interact from a classroom smart board, via their mobile device or with a VR Headset/VR Cardboard.

You can find more information and also learn about how we created this experience below.

Find Out More



Have you registered for our Term 4 primary school student beach safety programs?

The school setting is the perfect environment for students to learn lifesaving skills. Knowledge of basic water safety skills can significantly reduce the risk of drowning, enhance community safety and build resilient children.

Ingenia Holiday Parks Beach to Bush: our very popular surf education program for primary schools is now in its 31st year.

Our surf lifesavers love sharing their beach safety knowledge with rural and remote primary students in NSW schools. They will be heading "bush" over 3 weeks in **Term 4 from 4**th **to 22**nd **November 2024**. You can learn more about the program here.

In 2023 our lifesavers met over 11,000 primary students in regional areas of NSW. Check out the highlights here. If your NSW rural/remote Primary School would like to be part these **FREE** sessions you can register here.

Big Beach Week: we bring you a whole week of **FREE** beach and water safety activities to help your students prepare for summer!

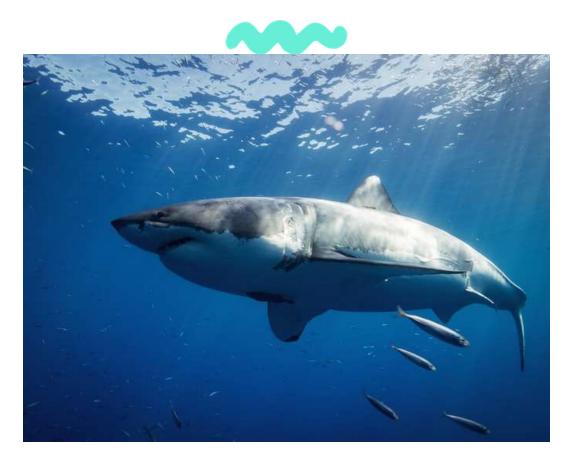
What does the week look like? Students can watch livestreams directly from the beach to learn about lifeguards & lifesavers, they will learn about marine creatures and waterways safety and can also participate in our competitions.

Teachers will have access to a range of free activity sheets and a full teachers guide.





This program is open to all NSW Primary Schools and is scheduled over a week in **Term 4 from 2**nd **to 6**th **December**. You can learn more about this program and submit an EOI <u>here</u>.



Fishy Fact! Understanding Sharks

There are many types of sharks around Australia. Most are harmless to humans. Although we fear sharks, they are an important part of the ecosystem and a reality of the ocean.

Check out our tips & information that you can share with your students to increase their knowledge of sharks and minimise their risks when they visit the beach.



Find Out More

Beach & Coastal Safety Resource Hub

The beach is for everyone to enjoy. Knowing how to stay safe while at the beach is important information that you can share with your students through our programs & resources. Want to learn more? You can easily access and download a vast array of content that supports beach and coastal safety education for your students on our Beach & Coastal Safety Resource Hub



MISSED ONE OF OUR PREVIOUS SCHOOL NEWSLETTERS? No problem, you can access all the newsletters on our Hub:

NSW Teachers School Newsletter

Next Newsletter

Our next On Patrol Newsletter will be sent to you at the start of Term 3 2024.

Stay in the loop

You are welcome to sign up to receive our On Patrol Newsletter. We will keep you updated on how to access our free resources, what's new, any exciting programs we have developed and any news items especially for teachers. Please sign up here:

https://bit.ly/SLSNSWNewsletter

"Learning is a treasure that will follow its owner everywhere."

Contact Us

Want to know more?

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This email is being sent to you as you're a key stakeholder within the Surf Life Saving NSW Education Community.

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