



SURF LIFE SAVING
NEW SOUTH WALES



On Patrol with Community Education - July 2023

Welcome to our **Term 3 School Newsletter** from the Surf Life Saving NSW Community Education team!

Our mission is to equip all communities with the confidence, knowledge, resources and tools to prevent drownings & create safe, fun, welcoming & enjoyable beach side experiences.



Did you know...

- There are **76,000** volunteers who patrol NSW beaches throughout the 2022/23 summer season!
- Last summer our dedicated surf lifesavers had a very busy season and performed **2,941** rescues!
- An incredible **13 million** beach attendees were recorded at patrolled beaches!
- The Surf Life Saving NSW State Operations Centre (SOC) dealt with **2,183** incidents and requested **418** ambulances over the course of the seven-month season!
- Together with the Australian Lifeguard Service our lifesavers completed close to 1 million preventative actions!
- The sole purpose of our amazing surf lifesavers is to protect beachgoers on NSW coastlines!
- Statistically the 2022/23 summer patrol season was operationally one of the busiest in history!



Meet Our Lifesavers and Learn What They Do



Fishy Fact!

Kids love to learn about sharks. Check out these interesting facts:

- There are over 500 known species of shark
- Sharks have several rows of teeth and they will go through many thousands of teeth in their lifetime
- Sharks have been around longer than dinosaurs and trees and said to have existed for over 400 million years
- Sharks have survived four mass extinctions to still exist today
- Sharks play a very important role in the marine ecosystem ensuring that fish populations are kept under control
- Many species of shark are critically endangered

You can share information about sharks and how to be shark smart with your students here: [Interesting facts about sharks - Beach Safety Hub](#)



Share Information About Sharks and How to be Shark Smart with your Students



Beach Safety Tips!

Our lifesavers share their top tips for staying safe at the beach:

- Always swim between the red & yellow flags
- Look for beach safety signs
- Say hello to a lifesaver when you go to the beach
- Never swim alone
- If you get into trouble in the water, stay calm and raise your arm
- In an emergency - call Triple Zero (000)



Do You Need First Aid Training at Your School?

As you would know, Surf Life Saving is Australia's major water safety, drowning prevention and rescue organisation. As a movement Surf Life Saving has been keeping our beaches safe for over 114 years. However, in addition to the work on our beaches, Surf Life Saving is one of the fastest growing providers of **Mental Health** and **First Aid training** in Australia.

Surf Life Saving NSW (SLSNSW) is a Registered Training Organisation (RTO ID: 90394) which offers Nationally Recognised First Aid Training. SLSNSW has been servicing the NSW and ACT community for over 20 years and has delivered over 850,000 Units of Competency in CPR and First Aid during this time.

We offer Mental Health First Aid, CPR & First Aid courses across NSW and ACT. Whether it's for individual training, for a family member, a community group or your entire school, we can provide the right training solution for you. Onsite training is available for a minimum of 8 participants per course, 7 days a week at your preferred location and time (after hours training available). SLSNSW can provide customised courses to meet your specific needs.



For more information, please contact our team:

Email: training@surflifesaving.com.au

Phone: 1300 766 257

Or visit the [website](#)



If you haven't already...don't forget to register for our popular B2B & BBW programs...

Beach to Bush: this surf safety education program is now in its 30th year!

Our surf lifesavers love sharing their beach safety knowledge with rural and remote primary students in NSW schools. They will be heading "bush" over 3 weeks from 6th-24th November 2023. You can check out the highlights of our 2022 program [here](#) where we met over 10,000 primary students in regional areas of NSW.

If your primary school would like to be part these **FREE** sessions you can register [here](#).



Big Beach Week: we bring you a whole week of **FREE** beach and water safety activities to help your students prepare for summer!

What does the week look like? Students can watch livestreams directly from the beach to learn about lifeguards & lifesavers, they will learn about marine creatures and waterways safety and can also participate in our competitions. This program is open to **all** NSW schools and is scheduled over a week from 27th November to 1st December. You can learn more about this program and submit an EOI [here](#).



MISSED ONE OF OUR PREVIOUS SCHOOL NEWSLETTERS? No problem, you can access all the newsletters on our Hub:

NSW Teachers School Newsletter

Next Newsletter

Our next *On Patrol Newsletter* will be sent to you at the start of Term 4 2023.

Stay in the loop

You are welcome to sign up to receive our *On Patrol Newsletter*. We will keep you updated on how to access our free resources, what's new, any exciting programs we have developed and any news items especially for teachers. Please sign up here: <https://bit.ly/SLSNSWNewsletter>

"Learning is a treasure that will follow its owner everywhere."

Contact Us

Want to know more?

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This email is being sent to you as you're a key stakeholder within the Surf Life Saving NSW Education Community.

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