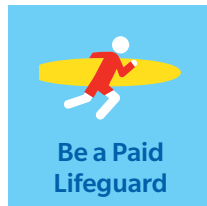
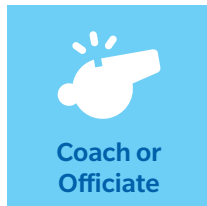


# GET INVOLVED!

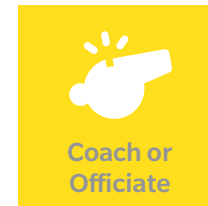
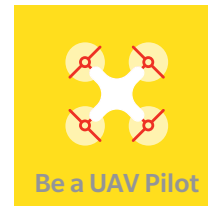
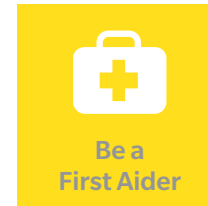
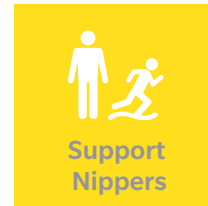


Surf Life Saving has a role to suit everyone. Find out what suits your time, skills, and interests below!  
Contact your local club to explore opportunities available and the value you can add to your community.

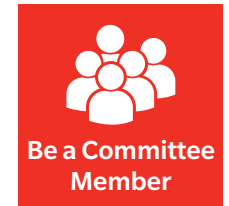
## In the water



## On the sand



## At the club



# IN THE WATER



## Be a Surf Lifesaver (13yrs +)

More than 20,000 people in NSW are volunteer surf lifesavers!

By becoming a surf lifesaver, you will gain lifelong skills and knowledge in surf awareness, rescue techniques, radio communication, and CPR to help patrol the beach and keep members of your community safe.

Once you become a surf lifesaver by gaining your Surf Rescue Certificate or Bronze Medallion, there are a huge range of opportunities available to you such as competing, operating powercraft or training others.

## Be a Nipper (5-13yrs)

Nippers is a fun way for children aged 5 to 13 to enjoy the beach in a safe environment.

The program is designed to ensure children have fun at the beach while participating in lessons that provide them with a pathway to become a fully rounded participant in both lifesaving and sport.

## Support Nippers

Support the development of our youngest members by getting involved in Nippers!

Whether you are a parent or someone who loves working with young people, be involved in this program by supporting Nippers in the water or by becoming a group leader.

Surf Life Saving NSW is committed to safeguarding children and young people – as part of this commitment you may be required to complete a Working with Children Check.

Get beach ready by letting us qualify you with a Surf Rescue Certificate or Bronze Medallion, or join [your local club](#) to explore how you can support our Nippers!

## Compete

From board paddling and swimming, to sprints and relays – there's an area of surf sports for you to enjoy!

Competitors are also required to patrol the beach each summer as volunteer surf lifesavers.

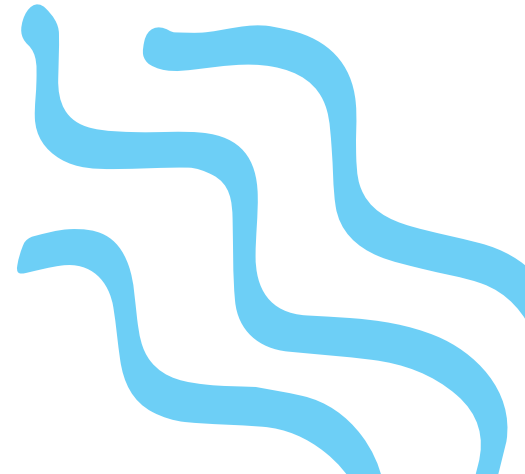
Get qualified and start competing by gaining your Surf Rescue Certificate or Bronze Medallion, or [find out more](#) about being a surf sports competitor.

## Coach or Officiate

Do you want to inspire and motivate others to train and compete? Help others achieve their goals by coaching them, or you can help your club deliver safe, fun and fair competitions by taking part in a range of officiating roles including marshal or judge.

## Be a Paid Lifeguard

Want to be paid for a position in Surf Life Saving spending your days at the beach and protecting the community? [Learn more](#) about becoming a lifeguard!



# ON THE SAND

## Support Nippers

Not all our roles are in the water! We can teach you to run a Nippers program with the assistance of trained water safety personnel.

Surf Life Saving NSW is committed to safeguarding children and young people – as part of this commitment you may be required to complete a Working with Children Check.

Support the development of our youngest members by getting involved in Nippers.

## Be a First Aider

You don't have to be a strong swimmer to play a role on your local patrol. Our volunteers add value in all sorts of ways.

Learn to save lives by getting to know where your local defibrillator is and becoming a First Aider on the beach and in your community.

## Be a UAV Pilot

Any member can join our eyes in the sky to patrol the water far and wide using our newest piece of rescue equipment.

To help us keep swimmers safe from above, [find out more](#) about becoming a UAV Pilot.

## Coach or Officiate

Not all competition happens in the water! We can teach you to help others achieve their sporting goals on the sand, or in lifesaving competition. You can also help your club deliver safe, fun and fair competitions by taking part in a range of officiating roles including marshal or judge.

# AT THE CLUB

## Be a Committee Member

All Surf Life Saving Clubs are charities and associations. They need a team of volunteers to help run and lead the club on behalf of the members. From the Club President to the Club Treasurer – we have a range of roles for all types of members.

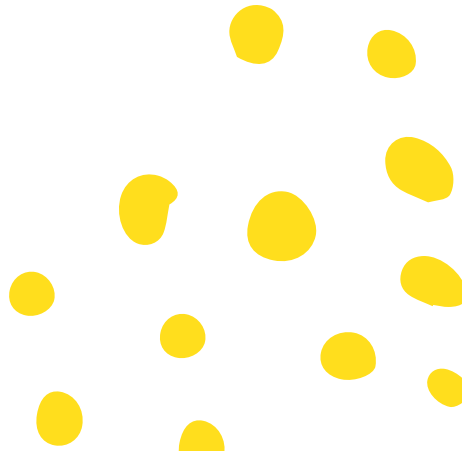
## Join the Support Crew

Surf Life Saving Clubs are always looking for people to help out with special projects, quick tasks and short-term volunteering. Roles may include the club photographer or historian, joining the gear and equipment team, assisting with fundraising or becoming part of the BBQ crew!

Help is always appreciated, and we encourage you to bring your skills to the club, lend a hand and be part of the Surf Life Saving family. Contact your local club and have a chat today.



SURF LIFE SAVING  
NEW SOUTH WALES





**NEW SOUTH  
WALES**

[memberservices@surflifesaving.com.au](mailto:memberservices@surflifesaving.com.au)